

Unit 1: Access & Advocacy

Unit #: APSDO-00020367
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Grade(s): 7
Subject(s): School Counseling
Course(s): GR. 7 - SCHOOL COUNSELING

Unit Focus

In this unit, students will identify adult resources at the middle school and how to access these resources. Students will complete an individual needs assessment and will work in collaborative groups to review scenarios and discuss which school resources he/she/they would access depending on the issue highlighted in the scenario.

Stage 1: Desired Results

Established Goals	Transfer	
<p>Standards</p> <ul style="list-style-type: none"> • Avon School Counseling Standards (CT 2020) <ul style="list-style-type: none"> ◦ <i>School Counselling</i> <ul style="list-style-type: none"> ▪ ACADEMIC DEVELOPMENT <ul style="list-style-type: none"> ▪ Demonstrate an understanding of the habits of mind of an engaged student in relation to all aspects of their lives. (A3) ▪ SOCIAL/EMOTIONAL DEVELOPMENT <ul style="list-style-type: none"> ▪ Demonstrate understanding and practice of personal safety skills. (SE5) 	<p><i>What kinds of long-term, independent accomplishments are desired? Students will be able to independently use their learning to...</i></p> <p>T1 (T1) Use self-knowledge in order to develop effective decision making skills, create meaningful goals, and identify positive attributes.</p> <p>T2 (T2) Advocate based on personal needs (academic, behavioral, emotional, and physical) to determine a thoughtful course of action.</p>	
	Meaning	
	Understanding(s)	Essential Question(s)
	<p><i>What specifically do you want students to understand? What inferences should they make? Students will understand that...</i></p> <p>U1 (U4) There is often more than one solution to a problem, but the right solution depends upon the situation.</p> <p>U2 (U3) Reflection is necessary to develop self-knowledge.</p> <p>U3 Self advocacy helps to empower you to speak up for yourself and make decisions about your life.</p>	<p><i>What thought-provoking questions will foster inquiry, meaning making, and transfer? Students will keep considering...</i></p> <p>Q1 (Q05) Who is here to help me? Where do I go for help?</p> <p>Q2 (Q07) What part of this problem is within my control? What part do I need help with?</p> <p>Q3 (Q08) What resources are available to me and how do I access them?</p> <p>Q4 (Q09) In what ways do I advocate for myself and others?</p>
	Acquisition	
	Knowledge	Skill(s)

	<p><i>What facts and basic concepts should students know and be able to recall? Students will know...</i></p>	<p><i>What discrete skills and processes should students be able to use? Students will be skilled at...</i></p>
	<p>K1 What adult resources are available to them at school</p> <p>K2 That adult resources at school help with any issue they may be experiencing</p> <p>K3 That asking for help is a healthy strategy</p> <p>K4 That what is shared with school resources will be kept confidential with a few key exceptions</p> <p>K5 The connection of school counseling from upper-elementary to middle school to high school</p>	<p>S1 Identifying by name adult resources available to them at school</p> <p>S2 Accessing all available school resources as a middle school student</p>